

# Living in the Blue Zones®



**COME LEARN ABOUT THE POWER 9®  
The 9 Blue Zones Secrets to Living Long,  
Happy, and Healthy Lives  
Join us for FREE!**

**DATE:** Sunday, February 26, 2017

**TIME:** 1:00 - 3:00 p.m.

**PLACE:** Mililani Hongwanji  
95-257 Kaloapau St.  
Mililani, HI 96789

For more information, contact Mas Nishimoto at (808) 623-2388

**Sponsored by the Oahu Hongwanji Buddhist Council**



Brought to  
Hawaii by

